



## 2025 VHSL CLASS 1 GIRLS ALL-STATE OUTDOOR TRACK TEAM

<u>100-METER DASH</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Janaya Moore	Westmoreland	12.46	12
2nd	Arnesia Dews	William Campbell	12.70	11
3rd	Makenzee Dagner	Lancaster	12.71	11

<u>200-METER DASH</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Makenzee Dagner	Lancaster	25.22	11
2nd	Janaya Moore	Westmoreland	25.25	12
3rd	Arnesia Dews	William Campbell	25.48	11

<u>400-METER DASH</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Janaya Moore	Westmoreland	58.20	12
2nd	Arnesia Dews	William Campbell	58.90	11
3rd	Alana Moore	Brunswick	1:01.45	11

<u>800-METER RUN</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Shelby Stanley	Eastside	2:30.06	11
2nd	Ella Rasnake	Council	2:30.89	11
3rd	Lena Sanders	West Point	2:34.33	11

<u>1600-METER RUN</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Shelby Stanley	Eastside	5:27.06	11
2nd	Alyson Funk	Auburn	5:29.33	10
3rd	Emma Faulkner	George Wythe	5:39.31	10

<u>3200-METER RUN</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Alyson Funk	Auburn	11:42.90	10
2nd	Emma Faulkner	George Wythe	12:03.08	10
3rd	Maya Herndon	Galileo	12:23.81	12

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<b><u>100-METER HURDLES</u></b>				
<b>PLACE</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>PERFORMANCE</b>	<b>YEAR</b>
<b>1st</b>	Rylee Coates	Northampton	14.68 (14.45Q)	11
<b>2nd</b>	Derequa Johnson	Charles City County	16.00	10
<b>3rd</b>	Destnee Bullock	Brunswick	16.18	10

<b><u>300-METER HURDLES</u></b>				
<b>PLACE</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>PERFORMANCE</b>	<b>YEAR</b>
<b>1st</b>	Tanyah Hicks	Brunswick	45.72	12
<b>2nd</b>	Amelia Moaney	King & Queen	47.40	12
<b>3rd</b>	Iyana Jenkins	Middlesex	47.90	12

<b><u>4x100-METER RELAY</u></b>			
<b>PLACE</b>	<b>NAMES</b>	<b>SCHOOL</b>	<b>PERFORMANCE</b>
<b>1st</b>	Hester, Jones, Heath, Bogle	Chilhowie	51.249
<b>2nd</b>	Gray, Pierce, Bacon, Brown	Essex	51.250
<b>3rd</b>	Johnson, Kelley, Pinn, Dagner	Lancaster	51.34

<b><u>4x400-METER RELAY</u></b>			
<b>PLACE</b>	<b>NAMES</b>	<b>SCHOOL</b>	<b>PERFORMANCE</b>
<b>1st</b>	Kohel, Jones, McCroskey, Bowles	Narrows	4:15.53
<b>2nd</b>	Seaborn, Bullock, Valentine-Smith, Moore	Brunswick	4:19.24
<b>3rd</b>	Ware, Tucker, Blackwell, Sanders	West Point	4:25.19

<b><u>4x800-METER RELAY</u></b>			
<b>PLACE</b>	<b>NAMES</b>	<b>SCHOOL</b>	<b>PERFORMANCE</b>
<b>1st</b>	Mays, Mays, Williams, Stanley	Eastside	10:25.21
<b>2nd</b>	Wray, Acevedo-Garcia, Herndon, Garcia	Galileo	10:31.50
<b>3rd</b>	Wilbon, Contreras, Chavez-Huerta, McHone	Eastern Montgomery	10:43.12

<b><u>HIGH JUMP</u></b>				
<b>PLACE</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>PERFORMANCE</b>	<b>YEAR</b>
<b>1st</b>	Jalynn Rogers	Rye Cove	5-0	11
<b>2nd</b>	Rylee Coates	Northampton	J5-0	11
<b>3rd</b>	Megan Earnest	Auburn	J5-0	12

<b><u>LONG JUMP</u></b>				
<b>PLACE</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>PERFORMANCE</b>	<b>YEAR</b>
<b>1st</b>	Rylee Coates	Northampton	17-5	11
<b>2nd</b>	Jocelyn Aldrich	Eastside	17-4.75	12
<b>3rd</b>	Janaya Moore	Westmoreland	17-4.25	12

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<u>TRIPLE JUMP</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Jocelyn Aldrich	Eastside	37-5.5	12
2nd	Taniyah Hicks	Brunswick	36-9.75	12
3rd	Derequa Johnson	Charles City County	36-3.5	10

<u>POLE VAULT</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Rylee Coates	Northampton	10-6	11
2nd	Macy Hollandsworth	Auburn	8-6	10
3rd	Gretchen Surface	Auburn	7-6	12

<u>DISCUS</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Allyson Harris	Auburn	112-7	10
2nd	Madi Preston	Chilhowie	108-10	12
3rd	Reghan Sensabaugh	John I. Burton	104-2	12

<u>SHOT PUT</u>				
PLACE	NAME	SCHOOL	PERFORMANCE	YEAR
1st	Kamilah Richardson	Parry McCluer	38-1.75	12
2nd	Reghan Sensabaugh	John I. Burton	36-2.5	12
3rd	Allyson Harris	Auburn	35-8.5	10

Red = Class 1 state record  
 (\*) = VHSL state record